


Mary T. Meagher Aquatic Center
 201 Reservoir Avenue
 Louisville KY 40206

Greg Fischer
 Mayor
 Louisville Metro Council

 **METRO Parks**
 www.metro-parks.org



MARY T. MEAGHER
 Aquatic Center
SCHEDULE

Fall 2012
September 5
January 6

 **LOUISVILLE METRO PARKS**



About the Facility

Mary T. Meagher Aquatic Center

**201 Reservoir Avenue
Louisville KY 40206**

phone 502/897-9949
fax 502/897-2549
email parks@louisvilleky.gov
web metro-parks.org

Hours

**Monday through Friday,
5 a.m.-9:15 p.m.**

(pool closes at 9 p.m.)

Saturday, 9 a.m.-6 p.m.

(pool closes at 6 p.m.)

Sunday, Closed

Facility and Park Amenities

The facility includes:

- Olympic (50 meter) 11-lane competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course - 9 holes
- Louisville Water Company Reservoir - 0.75 mile walking path

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy classes
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water classes

Lockers are available for rental per day, or you may bring your own lock.

Staff

Scott Risinger Aquatics Manager scott.risinger@louisvilleky.gov
Keith Smith Aquatics Supervisor keith.smith@louisvilleky.gov
Cason Nelson Head Lifeguard cason.nelson@louisvilleky.gov
Susan Mahoney Information Specialist • General Questions susan.mahoney@louisvilleky.gov
Yolanda Allen Administrative Clerk yolanda.allen@louisvilleky.gov
Hammerheads Swim Team Coach hammerheadscoach@insightbb.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100m and 200m) and in the 4x100m medley relay. In 1988, by then past her prime, she earned a bronze in the 200m butterfly and a silver in the medley 4x100m relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100m and in 1986 over 200m. She set two world butterfly records over 100m, and five over 200m, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100m, and 2:05.96 for 200m. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

© olympic.org



Hours/Membership

Lap Swim and Weight Room Hours

Mon-Fri 5 a.m.-9:15 p.m. (pools close at 9 p.m.)
Saturday 9 a.m.-6:15 p.m. (pools close at 6 p.m.)
Sunday Closed

Recreational Swim Hours

Mon-Thu Noon-3:30 p.m.
Friday 7-9 p.m.
Saturday Noon-6 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

Fees

Children (3-12) \$3
Adults (13 and older) \$5.50
Senior Card \$48

Seniors (60 and older) \$4.50
Therapy Pool Only \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)

12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30

Memberships

Monthly Pass **Yearly Pass**
Individual \$45 **Individual** \$355
Family* \$75 **Family*** \$520

Senior Passes • Patrons 60 and older

Monthly Pass **Yearly Pass**
Individual \$38.50 **Individual** \$320
Family* \$55 **Family*** \$470

* Family members must all live in the same household

All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

Individual \$555
Family \$720
Senior Family \$670
Senior Individual \$520

**PLEASE CHECK POSTED LANE ASSIGNMENTS
FOR LANE AVAILABILITY!**



Holidays/Closings

Swim Meets

October 19, 20 & 21
Limited lap lanes, limited parking, no Aqua
Aerobic classes, no Swim Lessons or Recreation
Swim, and the Therapy Pool will be closed.

Closed

Nov 22 & 23 • Thanksgiving
Dec 24 & 25 • Christmas
Jan 1 • New Year's
Jan 21 • Martin Luther King, Jr. Day

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.



Aqua Exercise

Mondays, Wednesdays and Fridays

- 7-8 a.m. Deep Water Class*
- 8-9 a.m. Introduction to Deep Water / Deep Water Class (Monday & Wednesday only)*
- 8-9 a.m. Aqua Exercise
- 9-10 a.m. Cardiac Class (Monday & Wednesday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM 10-11 a.m. **Silver Sneakers** (Monday only)
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 11 a.m.-Noon Aqua Exercise
- 5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
- 6:30-7:30 p.m. Deep Water* (Monday & Wednesday only)

Tuesdays and Thursdays

- 7-8 a.m. M.S. and related conditions
- 8-9 a.m. Aqua Exercise
- 9 a.m. Aqua Splash (Tuesday only)
- 9-10 a.m. Pre- and Post-Natal Class (Thursday only)
- 9-10 a.m. Aqua Exercise

AEROBIC ROOM 10-11 a.m. **Silver Sneakers**
(Muscular strength and range of movement, land)

- 10-11 a.m. Aqua Exercise
- 10-11 a.m. Deep Water (Thursday only)
- 2:30 p.m. Aqua Splash (Thursday only)

Saturdays

- 11 a.m.-Noon Deep Water*
- Noon-1 p.m. Aqua Exercise

PLEASE SHOWER
BEFORE
ENTERING
THE POOLS,
AND REMEMBER
TO LOCK
YOUR LOCKER!!!

Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

*Participants must be comfortable in deep water.



Therapy Pool Schedule

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Stroke Club	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day-or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.

†Home of the Innocents aqua program on the first Tuesday and last Wednesday of each month.



Weekday Swim Lessons

Weekday Lessons • Olympic Pool

Session I: Mondays Sept 10-Oct 8 (5 classes)

Session II: Mondays Oct 22-Nov 19 (5 classes)

Fees: Preschool • \$32.50 Grade School/Adult • \$32.50

Lessons meet once weekly. Register participants based on their ages and the skill levels listed on page 7. No refunds given, for any reason. All swim classes are also offered on Saturdays.

Classes

Preschool • 3 to 5 years

Session I: Mondays, 6-6:30 p.m. Level 1 & 2
Mondays, 6:40-7:10 p.m. Level 2 & 3

Session II: Mondays, 6-6:30 p.m. Level 1 & 2
Mondays, 6:40-7:10 p.m. Level 2 & 3

Swim
Lesson
Fee

Adults
5 lessons
\$32.50

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1-3 taught.

Grade School • 6 years and older

Session I: Mondays, 6-6:30 p.m. Level 1 & 2
Mondays, 6:40-7:10 p.m. Level 2 & 3

Session II: Mondays, 6-6:30 p.m. Level 1 & 2
Mondays, 6:40-7:10 p.m. Level 2 & 3

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. See Red Cross levels on page 7 in order to place your child in an appropriate class. Levels 1, 2 and 3 taught.

Adults

Session I: Mondays, 7:20-8 p.m.

Instructors work with adults of all ages and all abilities to develop goals and increase personal safety. Whether you are just learning to swim, are a little scared of the water, or are training for a triathlon, our staff can help!

See next page for Saturday Swim Lesson dates and times.



Saturday Swim Lessons

Baby Splash • 6 months to 3 years old

SatSept 15-Nov 108:30 a.m.8 Lessons Level 3 \$50

SatSept 15-Nov 109:30 a.m.8 Lessons Level 2 \$50

SatSept 15-Nov 1010 a.m.8 Lessons Level 1 \$50

Preschool • 3-5 years old

SatSept 15-Nov 109 a.m.8 Lessons Level 1, 2, 3 \$50

SatSept 15-Nov 1010:30 a.m.8 Lessons Level 1, 2, 3 \$50

Grade School • 5-14 years old

SatSept 15-Nov 109:40 a.m.8 Lessons Level 1, 2 \$56

SatSept 15-Nov 1011:10 a.m.8 Lessons Level 2, 3 \$56

Adults • 15 years and older

SatSept 15-Nov 10Noon8 Lessons Level 2, 3 \$56

Our staff uses the American Red Cross swim lesson program, which covers skills and knowledge in a logical progression of skill development levels, described below. Refer to these descriptions to determine preschool or grade school placement.

Level 1
6-12 months Introduction to water skills. Getting comfortable with the face in the water, floating and kicking on front and back.

Level 2
12 months & older Fundamental aquatic skills. Begin independent performance of front and back floats and glides, front and back crawl a short distance.

Level 3
1-3 years Stroke development. Coordinate front and back crawl strokes, treading water, and introduce butterfly and diving.

There will be no make-up classes unless the Mary T Meagher Aquatic Center must cancel a class. That class will then be made up. We are sorry for any inconvenience.

No refunds given for any reasons.

*No class Oct 20



Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds will be given, for any reason.

Level 1 6-12 months	Parent and child together • An introduction to the water as well as swimming and recovery skills.
Level 2 12 months & older	Parent and child together • Improve fundamental swimming and recovery skills. Level 1 prerequisite.
Level 3 1-3 years	Parent and child together • Improve fundamental swimming and recovery skills. Some independent swimming will occur. Level 2 prerequisite.
Tue Sept 11-Oct 9.....6 p.m.	5 lessons..... Level 1 \$32.50
Tue Oct 23-Nov 206:30 p.m.....	5 lessons..... Level 1 \$32.50
Thu..... Sept 13-Oct 116 p.m.	5 lessons..... Level 2 \$32.50
Thu..... Oct 25-Nov 29*6:30 p.m.....	5 lessons..... Level 3 \$32.50

No refunds given for any reasons.

*No class Nov 22



Birthday Parties

AVAILABLE DURING RECREATIONAL SWIM HOURS!

Mary T. Meagher Aquatic Center
will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

Friday Parties

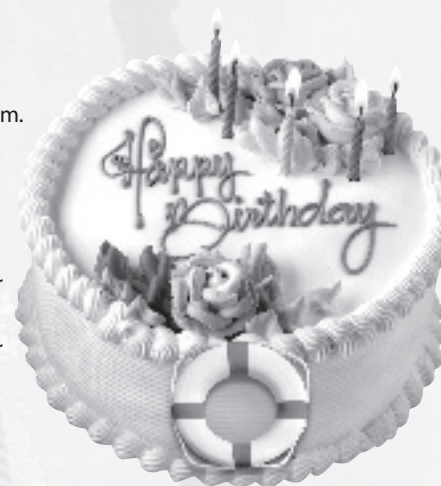
The pool opens at 7 p.m.
and closes at 9 p.m.
All visitors must be
out of the facility
by 8:15 p.m.

Party Room

7-9 p.m. • \$6/swimmer

Deck Party

7-9 p.m. • \$5/swimmer



Saturday Parties

Saturday parties are
2 hours only.
Please have your area
cleaned up no later
than 15 minutes
after your party
has ended.

Party Room

Noon-2 p.m. • \$6/swimmer
3-5 p.m. • \$6/swimmer

Deck Party

Noon-2 p.m. • \$5/swimmer
3-5 p.m. • \$5/swimmer

Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party).

A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

*Children age 2 and under will be charged for reserved birthday parties.



Halloween Fun!



CLASSIC HORROR THEATER ON MARY T'S LAWN

Nosferatu (1922 silent film)
FREE • October 12, 9 p.m.

Night of the Living Dead (1969)
FREE • October 13, 9 p.m.

MARY T. MEAGHER AQUATIC CENTER ZOMBIE PARK

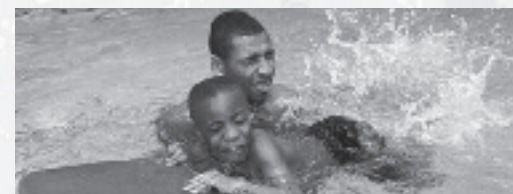
9:30 p.m.
October 26

\$3 per adult
\$2 per child
12 and under



Lifeguard and Swim Instructor Training

THE IDEAL JOB
FOR STUDENTS:
ONLY A FEW
HOURS EACH
WEEK AND
THERE'S STILL
PLENTY OF TIME
TO STUDY!



LEARN
LIFE-SAVING
SKILLS THAT
YOU CAN USE
THROUGHOUT
YOUR
LIFETIME!



Classes begin at the Mary T. Meagher Aquatic Center in December 2012.
Call 502/897-9949 for more information.



Dive-In Movie

Dec 27 & Jan 3 • First show: doors open at 6 p.m.
Movie starts at 6:30

Tame those holiday blahs and have some family fun -
dive in and watch a favorite movie for free!
Bring your float, swimsuit and towel, because
you're gonna get wet.

Groups are welcome to participate! Swimmers 8 years old
and under must be with a chaperone of at least 18.

For more information or to make reservations
for your group, call 502/897-9949.

